



**THIS IS WHO WE ARE.**



**FACES & VOICES  
OF RECOVERY**

ADVOCATE. ACT. ADVANCE.





# R2ISE, Inc

Alexia Jones,  
Founder and Director  
MBA, CPS, CARES,  
WHAM, TIC



## How it all began 2015 Chronicles of HOPE Interactive Museum



- 14 Artists in recovery
- **1000** Peer interactions

# The Foundation

- It all began in 1995
- We gathered 2015
- We created a community based on respect for The Arts and the power of recovery
- We shared our CREATIVITY and learned from one another
- We transformed as a result of our collaboration





# Can art and recovery impact our community?

- Dream
- Planned
- Prepared
- Advocated





## We Gathered

- **Embraced our recovery**
- **We were restored**
- **We were inspired**
- **We supported**
- **And We were supported**
- **We were empowered and We Evolved**

## R2ISE, Inc. Our Mission



- To provide a safe place for people in Recovery to maintain their wellness and transform their lives through artistic expression

## ***Who we are?***

At R2ISE As we have embraced a new paradigm. As we **accept**, **explore** and **express** our challenges we find healing, we find the **commonality** in the **human experience** and **live beyond** addiction/diagnosis and accepted limitations. We learn that the stigma is a lie. We can **create** our own **paths** guided by the **creativity** laden within us







We are everyday people with individual challenges that are capable of growth and change. We are the worst and the best of us all, and we are here...sharing our stories, sharing hope, educating, advocating and healing

-Avien Reese 2017



# CORE VALUES



**We embrace our  
recovery**

**We are restored**

**We are inspired**

**We are supported**

**We are empowered  
and**

**We are evolving**

**So .... We Rise**

## R2ISE 2017

- Chronicles of HOPE 500
- Interactive Museum 600
- Community Engagement 450
- WebMD 24k
- Total Interactions 25,550



True Story / Connection is the key



- **11/11/18**
- **“I am sitting in my uncomfortable computer chair contemplating suicide. As I am searching the internet for hope I found your organization. Tonight your beautiful souls saved my life. I am now full of hope and will seek help as soon as I can”**



# R2ISE 2018

March 2018

BCOR (Building Community Organizations for Recovery)

RCO (Recovery Community Organization)

Increased our services

Built relationships in our community



# Building Communities of Recovery BCOR

- Developed our mission
- Developed community partnerships
- Listened to our community
- Developed my leadership Skills
- Empowered us to go for it!



## Our commitment to Diversity & Community

R2ISE is a safe space.

We believe that recovery through the arts belongs to everyone! We do not discriminate against race, gender, class, ability, size, age, sexual orientation, gender identity, or nationality.

ART + RECOVERY = FREEDOM



We moved to the Westend of Atlanta Art District

2019

- 6272 Peer Interactions
- 675 Metropolitan parkway Sw Ste 5036
- Atlanta, Georgia 30310







**BEFORE**



**After**

2016- to date

Over 50,000

Peer Interactions

Locally and  
Nationally



The Creative Process..  
Sharing the lived Experience  
THE BERACHA METHOD

Envision

Collaborate

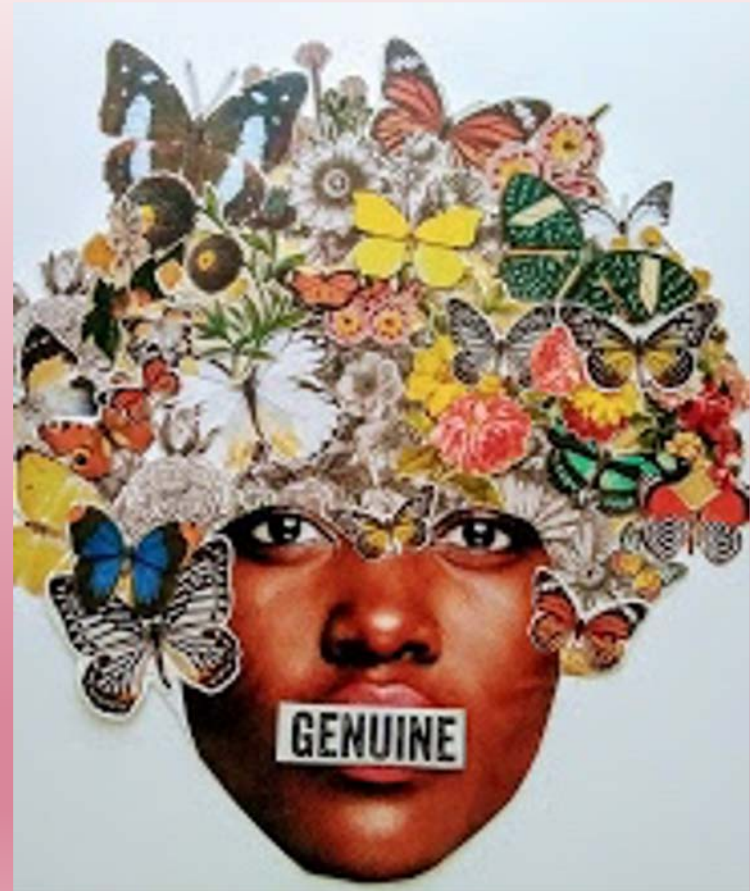
Recovery focused Discussions

Create, Illustrate, Demonstrate

Prepare, recovery principles

Present and Share

Art by Alexia Jones 2018





## *The Creative Process...* *The pathway to recovery*

A Safe space for Hard conversations so we can ...

- Embrace new paradigms
- Rewrite our narrative
- Challenge the internal dialogue
- Create a positive support network
- Design our recovery plan
- Inner healing
- Tearing down barriers
- Discovering and rediscovering ourselves





ART IS...

R2ISE, Inc.





ART IS.....

- Art is a language that is universal.. interpreted through the heart gate; visualized through the eye gate, captured in the soul, bypassing the mind that tends to judge misinterpret and dismiss

***She walks into the space with the look of concern on her face. Quickly walking to the art altar and in the universal language of art, she connects her heart with the heart of GOD. Painting her reality –***

***The hidden screams show up in vibrant red, rejection peeps through the blues and purples and reconciliation dances through her brush, she paints away the anxiety as hope replaces fear, shame is replaced with confidence. The solution is formatted by the images of her canvased story. Exhaling and breathing deeply she puts the period at the end of her frustration with a loud pink cloud of paint hovering over the essence of her internal whirlwind of trauma.... She is well now as she rises from her altar, relieved, heard and well.***

***-Alexia Jones 2020***





A 3D illustration of a person standing in a maze-like structure. The person is a simple, dark-colored figure with a spherical head, standing on a light-colored path that leads away from the viewer. The structure is composed of several high, dark-colored walls that form a series of interconnected rectangular spaces, creating a sense of depth and complexity. The lighting is soft, casting gentle shadows on the walls and the path. The overall color palette is muted, with shades of grey, brown, and a hint of blue.

Art is ....

Like recovery there are multiple pathways  
winding roads, steep hills and deep valleys  
through which, we discover and rediscover  
ourselves and the world around us.

## REGENESIS...



# Modalities of ART

- In the language of ART....
- Modalities are pathways we chose to express our emotions, share our stories, to heal and to illustrate the power of recovery

• Art by Cassandra Lee 2020





**We Dance, We Sing,  
We Paint, Until we get  
to that place called  
THERE**

**Photography by Jean  
Olshefsky**

# Programs

- All Recovery meetings
- Art Speakz
- Youth on the R2ISE
- R2ISE on the Road to Recovery
- Art Inspired Recovery
- M.A.T.E.S ( Medicine Assisted Treatment Empowerment Support)
- Chronicles of HOPE
- Interactive Museum
- Saturday Night Live Poetry Café
- Virtual Art Exhibit
- Dance and Recovery
- Mediation and Movement
- Peer Coaching
- Community Resources







ART+ Recovery =FREEDOM!

**Art + Recovery =FREEDOM!**

**WE R2ISE above the stigma that  
keeps us rooted in addiction, to  
answer the call to greatness**



# THANK YOU!

- Contact us at
- IG: @ R2ISE
- FB: R2ISE THEATRE
- [www.r2isetheatre.org](http://www.r2isetheatre.org)
- 678-705-7211



# Completing Evaluations

- Please complete your evaluations in order to receive your CEUs.
- Thank you for joining us!



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