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Peers Speak Out:

Priority Outcomes for Substance Use Treatment and Services

presented by

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Peers Speak Out





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Project Overview

- Patients Lead: Identifying Meaningful Outcomes to Drive Substance Use Disorders Research and Care, Project #12786-CC, PCORI
- Led by Community Catalyst in partnership with Faces & Voices of Recovery and American Society of Addiction Medicine
- First national examination of treatment outcomes prioritized by people with substance use disorders

 Long Term Goal: Drive improvement in treatment outcomes by focusing on what people need and want



VIDEO







Why This Project Matters

- 20 million Americans have a substance use disorder
- Substance use and overdoses have risen during COVID-19
- Not much data identifying outcomes important to patients

 These findings can inform quality improvement and health system changes to achieve better treatment outcomes



Project Data Collection Methods

- National Peer Council (10 people)
- Anonymous national online survey (800+ people)
- Focus groups (50+ people)





- Outcomes of treatment and recovery support services that matter most to individuals:
 - Staying alive
 - Improving quality of life
 - Reducing harmful substance use
 - Improving mental health
 - Meeting their basic needs
 - Increasing self-confidence / self-efficacy
 - Increasing connection to services and supports

Disconnect
between these
priorities and focus
of current policies,
clinical standards &
quality assessment



Differences by Race/Ethnicity and Gender (survey)

- Taking care of basic needs: more important among Black/African American and Hispanic/Latinx respondents than white respondents
- Housing stability: more important among transgender/nonbinary respondents than cisgender respondents
- Developing a recovery support system: more important among transgender/nonbinary respondents than cisgender respondents



National Peer Council





- Treatment & recovery = more than stopping substance use
- People need increased access to comprehensive, culturally effective services that are individually tailored
- The priority outcomes provide a framework for reshaping treatment, research and policy to focus more on survival and improving people's lives





Recommendations: Service Providers

- Clarify individual's desired goals; multiple pathways
- Integrate mental health supports; provide harm reduction services
- Culturally effective whole person approach
- Increase connections to community/social supports
- Virtual services
 - Continue!
 - Training re: active listening skills, non-verbal cues, motivational interviewing
 - Directory of services/training patients how to access





Recommendations: Policymakers

- Funding for full continuum of services, recovery support services, harm reduction programs that keep people alive
- Expand access to all forms of MAT
- Mandate that insurance cover the services needed to help achieve outcomes prioritized by patients; make treatment affordable
- Hold providers accountable for achieving outcomes
- Develop quality measures based on patient-identified outcomes
- Virtual services
 - Make permanent the temporary policies regarding telehealth and take-home doses
 - Provide community-based hubs to safely learn how to use virtual services/platforms





- National Peer Council will continue as workgroup at Faces & Voices of Recovery – specific goal tbd.
- Meetings with federal officials about applying project findings;
 ONDCP considering how to incorporate into strategic plan
- Creating deeper collaborations between the patient and clinical communities (ASAM plans to increase patient engagement)
- Informing future PCORI research and quality improvement efforts
- Incorporating into advocacy for COVID stimulus funds







We are Here to Help

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Helpful links

- Peers Speak Out project page
- Two-Page Report here
- Full Report <u>here</u>
- Video <u>here</u>





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