

Chakra System

Crown Chakra

- Relationship with Source Energy



Pineal Gland

Brow Chakra or Third Eye

- Intuition
- Wisdom
- Eye of Source Energy



Pineal & Pituitary Glands

Throat Chakra

- Communication
- Speaking your truth



Thyroid Gland

Heart Chakra

- Giving & receiving
- Love



Thymus Gland

Solar Plexus Chakra

- Personal power



Pancreas

Sacral Chakra

- Creative flow
- Feeling center
- Relationships



Adrenals & Sex Organs

Root Chakra

- Survival
- Connection to earth
- Interdependency



Adrenals